

Rodney Support Directory 2026



A Happy Busy Day, 2025 - by Cassie O'Flaherty

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HARIKOA

RODNEY SUPPORT DIRECTORY 2026

RICI (Rodney Inclusive Communities Initiative) is a registered charitable trust based in Warkworth, operating across Rodney to champion inclusion, accessibility and disability support.

Everyone deserves to feel included, supported and connected - but across Rodney's wide and diverse communities, finding the right support can be a challenge. And with services stretched by limited funding, staffing and resources, Rodney residents have fewer local options, longer waits and often significant travel to access the support they need.

This Directory brings people, services and organisations together to share resources, strengthen connections and build a more inclusive Rodney.

Nā tō rourou, nā taku rourou ka ora ai te iwi

With your food basket and my food basket the people will thrive

www.ricinz.com | rodneyninclusive@gmail.com | 021-1382878

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Disclaimer: This **printed directory** is a one-off resource for the **Rodney Support & Inclusion Expo**. We have brought together a range of local services and support groups to help connect our Rodney communities with available support. There will be groups and services that are not yet included here but will be added to our **online directory** over time. We have done our best to be accurate but details will also change over time. Please always check websites and Facebook pages directly, with each listing. (Sep 2026)

1. Service Providers & Support Organisations

Nationwide & Region-specific groups (including Rodney)

Please check websites for more info.

1. **Altogether Autism:** (www.altogetherautism.org.nz) Provides free autism information and advice for Autistic people, whānau, professionals, and the community. Also personalised autism advice, an annual Journal publication, and evidence-based information backed by both research and lived experience. Ph: 0800 273 463 E: info@altogetherautism.org.nz
2. **Arts Access Aotearoa:** (artsaccess.org.nz) Purpose is to increase access to the arts for everyone in Aotearoa, particularly people who face access barriers; encourage accessibility in the arts and cultural sectors and advocate for the arts as a tool for rehabilitation and reintegration. Ph: 04 802 4349; E: info@artsaccess.org.nz
3. **Autism NZ:** (autismnz.org.nz) The Outreach Service is available for autistic people, parents/family/whānau, and their support networks – including educators and professionals. Contact Jo Sutton - National Educator and Outreach Support Advisor. Jo.Sutton@autismnz.org.nz; M: 021-792 855
4. **Care Matters NZ:** (carematters.org.nz) Enhances the health & wellbeing of family carers and disabled people by providing accessible, relevant learning information, strengthening carer knowledge and improving relationships between carers and disabled people. Tina Lincoln, Ph: 027 318 7258; tina@carematters.org.nz
5. **Carers NZ:** (carers.net.nz) National organisation providing information, advice, learning and support for all Carers. Carers NZ Helpline: 0800 777 797; E: centre@carers.net.nz
6. **Complex Care Group:** (complexcaregroup.org.nz) A support and information network for carers of those with very high and complex needs. Also communicates the needs of this group to Ministries, funders, other providers. Ph: 027 2667690
7. **Enliven:** (www.ps.org.nz/enliven-nz) Individualised Funding host. Support services for older people and those living with disabilities. Recognising emotional, cultural and social needs. Presbyterian Support New Zealand (PSNZ) has 7 regional organisations nationwide; each offers Enliven services. Ph: 04 473 5025, E: office@ps.org.nz
8. **FASD CAN:** (www.fasd-can.org.nz) Fetal Alcohol Spectrum Disorder Care Action Network: Non-profit, incorporated society of parents, caregivers, extended whānau and professionals. E: admin@fasd-can.org.nz
9. **Geneva Wellbeing – Northern:** (www.genevawellbeing.co.nz) Community health service, sexual harm, mental health, Physiotherapy, occupational therapy, dietician, addiction, speech language therapy. Ph: 0800 00 44 41 E: info@genevawellbeing.co.nz
10. **IDEA Services:** (www.idea.org.nz) IDEA Services is the company owned by IHC to provide services to disabled people. Northern Regional Office, 48

Enterprise Street, Birkenhead, Auckland. Ph: 09 529 8716;
Email: northern@idea.org.nz

11. **IHC:** (www.ihc.org.nz) Lobbies and advocates for human rights of all people with intellectual disabilities at community, national and international levels. Services include residential and day services, supported living, specialist support and social housing. IHC National Office, Level 15, 57 Willis Street, Wellington. Freephone: 0800 442 442; Ph: 04 472 2247
12. **Muscular Dystrophy NZ:** (www.mda.org.nz) Provides clinical information, practical guidance, and advocacy for individuals, whānau, and medical professionals navigating over 70 distinct neuromuscular conditions across New Zealand. Ph: 09-815 0247, Freephone: 0800 800 337; E: info@mda.org.nz
13. **Parent to Parent:** (parent2parent.org.nz) 15 offices nationwide. Services for parents and whānau of disabled, neurodivergent and health-impaired family members. Ph: 0508 236 236; E: national@parent2parent.org.nz
14. **People First New Zealand - Ngā Tāngata Tuatahi:** (www.peoplefirst.org.nz) Run by and for People First members (people with learning disability). Groups learn about self-advocacy. Opportunities to speak in their communities and at regional & national events. Ph: (04) 381 3242; Freephone: 0800 20 60 70; E: ask@peoplefirst.org.nz
15. **Spectrum Care:** (spectrumcare.org.nz) Service provider covering 5 North Island regions. Offers personalised support services for children, young people, and adults with disabilities, as well as their whānau. Rodney or North Shore: PH: 09 634 3790; E: info@spectrumcare.org.nz
16. **Talklink Trust:** (<https://talklink.org.nz/>) Provides Assistive Technology tools and strategies; specialists in Communication Assistive Technology / Augmentative and Alternative Communication (AAC) - used to supplement or replace speech/writing for those with speech impairments. 0800 TALK LINK (0800 825 554); Ph: 09 815 3232; E: referrals@talklink.org.nz
17. **Wilson Home Trust:** (wilsonhometruster.org.nz) Provides information, grants, support and services to physically disabled children (under 21 yrs) and their families in the upper North Island of NZ; including Child Rehabilitation Outpatient Clinic, 6 Respite Villas, Wilson School for children with additional learning needs. 1 St Leonard's Road, Hauraki, Takapuna, Auckland. Ph: 0800 948 787; E: info@wilsonhometruster.org.nz
18. **Yellow Brick Road:** (yellowbrickroad.org.nz) National organisation providing support for whānau who have a loved one experiencing mental health challenges; provide a range of services, which are suitable for all whānau members and age ranges. Freephone: 0800 732 825

Greater Auckland Region (including Rodney)

1. **Acorn - Embracing Neurodiversity:** (acornneurodiversity.co.nz) Support children and young people with autism, ADHD, FASD, sensory processing differences, developmental delays, dyspraxia, learning disabilities,

- giftedness, and other neurodevelopmental differences. 3 William Laurie Place, Albany. PH: 09 281 4857
2. **Auckland Deaf Society (ADS):** (auckland-deaf.org.nz) Deaf, Hard of Hearing, and hearing people come together to create connections and inclusion for the Deaf Community of Auckland. ADS promote NZ Sign Language (NZSL), an official language of NZ and Deaf Culture. 16 Hillsborough Road, Three Kings, Auckland 1042. Ph: 09-630-6980; E: manager@auckland-deaf.org.nz
 3. **CCS Disability Action:** (www.ccsdisabilityaction.org.nz) Provides person-centred support to disabled people & their families; Transition support for youth/adults; Inclusive education & employment programmes. Mobility Parking permits. Auckland: 14 Erson Avenue, Royal Oak, Auckland. Ph: 09 625 9378 or 0800 227 2255; E: Auckland@ccsDisabilityAction.org.nz
 4. **Circability:** (circability.org) Auckland Hub - Victoria Park, CBD. Focus is on developing inclusion programmes for people with disabilities. The Hub holds classes & workshops with a range of organisations/schools across the wider Auckland area. Ph: 0212209246; E: aucklandhub@circability.org
 5. **Disability Connect:** (disabilityconnect.org.nz) Free information and advisory service based in Auckland, operating from Warkworth to Pukekohe that helps disabled people, their families, and whānau navigate the New Zealand disability sector. 3b Olive Rd, Penrose, Auckland 1061; Ph: +64 9 636 0351; E: admin@disabilityconnect.org.nz
 6. **Flying Kites:** (www.flyingkites.org.nz) Auckland-based charitable organisation focused on reimagining disability support to better fit the needs, personalities, and aspirations of disabled people and their whānau. Ainsley, Ph: 022 528 5543 E: hello@flyingkites.org.nz
 7. **IDEA Services Northern Regional Office:** Service Provider for people with intellectual disabilities and their families. Serving North Shore, Rodney, Waitakere. 48 Enterprise Street, Birkenhead, Auckland. Ph: 09 529 8716; E: northern@idea.org.nz
 8. **Kaikaranga – NASC:** (kaikaranga.org.nz) Formerly *Taikura*. Needs Assessment & Service Coordination (NASC) agency in greater Auckland region; helps people under 65 access free government-funded disability support. Ph: 0800 824 5872; E: info@kaikaranga.org.nz
 9. **Kaleidocare:** (kaleidocare.co.nz) Pukekohe & Takapuna Centres; Inclusive community support & tailored programmes for children & adults with very high & complex needs. Ph: 09 239 3701; E: office@kaleidocare.co.nz
 10. **Harikoa Foundation:** (harikoa.org.nz) A parent-led initiative to establish a secure, meaningful future for people living with disability. Building an inclusive model combining housing, social connection, financial surety, and coordinated disability support. Ph: 09 478-0070; E: info@harikoa.org.nz
 11. **Independent Living:** (ilsnz.org) Mobility Equipment & Services. Finds solutions to navigating the health and disability sector & finding the right equipment to keep you as independent as possible. 13 Bute Road, Browns Bay, Auckland. Ph: 09 550 3387; E: brownsbay@ilsnz.org

12. **Manawanui:** (manawanui.org.nz) Host provider of Individualised Funding (IF). Supports people with self-directed disability funding options. Easy to use Web Portal & Payroll. Ph: 0508 462 427; E: info@manawanui.org.nz
13. **Marinoto Child and Youth Mental Health Services | Waitematā:** (www.waitematadhb.govt.nz) Marinoto North, Rodney and West provide mental health assessment and treatment for children and young people from 4 -18 years who live in the Waitematā District who have significant mental health concerns. Urgent after-hours contacts: North Shore, Ph. 09) 846-8900; Rodney, Ph. 09) 427-0360; Regional: 0800-800-717
14. **Phab NZ:** (www.phab.org.nz/home) A wider Auckland-based inclusive organization dedicated to empowering individuals with disabilities. From Warkworth to Papakura. Weekly Social Groups, Holiday Programs, Exercise Programs, Life Skills Day Programs, Multiple One-off Fun Events. Ph: 021 286 4800; E: admin@phab.org.nz
15. **Real World Living:** (realworldliving.co.nz) A Disability Support Service based in Auckland. Provides information, navigation, planning, training, and support for people who have physical and/or cognitive challenges, using whole of life approach. Mon – Fri: 8:30 am – 4pm. Papakura, Ph: 09-299 5304; Penrose, Ph: 09-579 5498; E: janette@realworldliving.co.nz
16. **Recreate NZ:** (recreate.org.nz) Provides outdoor adventure programmes across Auckland, Waikato, Bay of Plenty & Christchurch for young people with disabilities. 630c Great South Road, Ellerslie, Auckland. Ph: 09 638 5364; E: info@recreate.org.nz
17. **Rhythm for the Soul:** (rhythmforthesoul.co.nz) Interactive Drumming Sessions with Chewy, for people with disabilities (16 and over). Designed to teach life skills through play-based learning whilst having loads of fun. Ph: 027 433 4627; E: chewydrummer@hotmail.com
18. **SibSupportNZ:** (parent2parent.org.nz/how-we-help/sibsupport-nz) Parent to Parent - Living with a brother or sister who has a disability can be challenging. Supports siblings to thrive in their own unique family environment. Ph: 0508 236 236
19. **Yellow Brick Road:** (yellowbrickroad.org.nz) Waitemata Support Group. 2nd Tues of the month, 6 – 8pm; 2A Seaview Ave, Northcote, Auckland. Ph: 0800 732 825; E: referrals@yellowbrickroad.org.nz
20. **Visionwest:** (visionwest.org.nz) Not-for-profit, community-based charitable trust. Host provider for Individualised Funding (IF). Quality In-Home Care for the elderly & those with disabilities. Covers North & West Auckland. Ph: 09 818 0700; E: office@visionwest.org.nz

2. Rodney & HBC based Services

1. **Age Concern Rodney:** (ageconcern.org.nz) Offers a range of services & programmes that support older people to remain independent, connected, informed, and active in their communities. **WDHB Community Hospital Shuttle** covers Rodney & West Auckland areas. Total Mobility Cards. Shop JA2 Westpac Plaza, Tamariki Ave, Orewa. Ph: 09 426 0916;

- Freephone 0800 65 2 105; E: info@ageconcernrodney.org.nz
2. **AIM (Adults in Motion):** (adultsinmotionnz.com) Offers an individualised vocational service to mentor, support and empower young adults with intellectual disabilities from 16+ yrs. 16 Auckland Road, Warkworth. Mon - Thurs: 9am - 2.30pm. Fiona, Ph: (09) 422 3554; E: manager@adultsinmotionnz.com
 3. **Aspirations Support – Kumeu:** (spectrumcare.org.nz/mahi/aspirations-support) Managed by Spectrum Care: helps people with disabilities (17 – 65yrs) develop life skills to actively participate in their communities. Centre-based day support; can include individualised community options. Ph: 09 634 3790; E: info@spectrumcare.org.nz
 4. **Baskets Plus Community Hub:** (on FB) An inclusive space to connect and belong. Hosts regular weekly groups & activities for all age groups. Drop in to play games, pool, or table tennis. Ground floor of the Warkworth RSA, 28 Neville Street, Warkworth. Josephine Kaggwa, Ph: 021 0305 632; E: basketsplusch@gmail.com
 5. **Chequers Trust:** Charitable trust based in Milldale (Silverdale) that provides a home and ongoing support for women with intellectual disabilities. Manager: Nadja Fengler. Ph: 09 421 0276
 6. **Coast Youth Community Trust:** (www.cyctrust.org.nz) Building strong relationships with young people and children to create resilient individuals and a stronger local community on the Hibiscus Coast. Ph: 022 657 3288; E: admin@cyctrust.org.nz
 7. **Connected Minds:** (connectedminds.co.nz) Mental Health & Neurodiversity Specialists; provides end-to-end care. Assessment and diagnosis through to prescribing and ongoing support with a specialist focus on neurodiversity and ADHD. Warkworth Clinic, Bertram House, 21 Bertram Street, Warkworth. E: info@connectedminds.co.nz
 8. **Creative Living Ōrewa / Māpura Studios:** Run by professional art therapists. Designed for participants 18+ including those navigating stress, trauma, brain injury, stroke, aphasia, or loss. Wed 10am – 12pm: Ōrewa Community Centre. Ph: 09 845 5361; E: info@mapurastudios.org.nz
 9. **Freedom2Function:** (www.freedom2function.com) Paediatric occupational therapy service providing support for babies, children, and families in the Warkworth/Auckland region. To help children thrive in eating, playing, learning, exploring, and connecting with others. E: brooke@freedom2function.co.nz
 10. **Hibiscus Coast Community House:** (On FB) Not for profit organisation in Orewa - for the Community, with the Community. 214 - 216 Hibiscus Coast Highway, Orewa. Ph: 09 426 3598; E: hbccommunityhouse@xtra.co.nz
 11. **Hibiscus Coast Youth Centre:** Covers Hibiscus and Bays, Rodney, Upper Harbour. Non-profit charitable trust. Empower and strength youth and their families through challenging activities, support services, employment, advocacy, education and training. Ph: 09 426 5005; 022 120 1630; E: admin@hibiscusyouthhub.org

12. **Hibiscus Neuro Rehab:** (www.hibiscusneurorehab.co.nz) Neurological therapies and vestibular rehabilitation. 3/55 Karepiro Drive, Stanmore Bay, Whangaparaoa. Urgent appointments Ph:09 424 3254;
E: office@hibiscusneurorehab.co.nz
13. **Independent Therapists:** Vicki Collier - Occupational Therapist; Ph: 021 455292; E: OTVickiCollier@outlook.com; Amanda Klopper - Speech Therapist; Ph: 21508485; E: amandaklopper.speechtherapy@gmail.com; Anelda Huisamen - clinical psychologist; Ph 0272677759;
E: anelda@aucklandpsych.com
14. **Kindred Family Services:** (www.kindredservices.org.nz) A non-profit charitable organisation based in Kumeu, providing Culturally responsive family harm services throughout northwest Rodney and South Kaipara. Mon – Fri, 9am – 5pm. Ph: 0800 437 033, E: info@kindredservices.org.nz
15. **Kip McGrath Warkworth:** remediation tuition, focusing on English - reading, spelling, comprehension, and maths. Ph: 021 483 339;
E: warkworth@kipmcgrath.co.nz
16. **L'Arche Mount Tabor – Helensville:** (mt-tabor.org.nz/) People with & without intellectual disabilities live & work together; also attend Art, Choir, Drama and Wiggle & Giggle as part of their Arts and Activities Programme. Ph:09 420 9701; E: office@mt-tabor.org.nz
17. **Life Homes - The Life Centre Trust Auckland:** (lifecommunity.org.nz/life-homes) Christian organisation with 5 residential homes in the Warkworth/ Rodney area providing 24/7 care for adults with an intellectual disability; Office: Lavender House, 27 Lilburn Street, Warkworth, Auckland 0910. Ph: 027 4338581 E: julia.withers@lifelifehomes.org
18. **Marinoto North Rodney Team:** Provide mental health assessment and treatment for children/young people from 4 -18 years 12 Tamariki Ave, Orewa. Ph: 0800 489 555; Referrals
E: marinotonorthreferrals@waitematadhb.govt.nz
19. **Matakana Counselling:** (www.matakanacounselling.co.nz): In-person, online, children, adults, couples, family, ACC therapy. Located at Matakana Country Park. Charlotte Letcher, Ph:022 600 8405;
E: charlotte@matakanacounselling.co.nz
20. **Move & Groove:** (salttrust.org.nz/services) Music & movement programme for adults with disabilities and their caregivers. Bring lunch from 12pm; music starts 1pm. Tea & coffee provided. 6 Hibiscus Coast Highway, Silverdale. Tues, 12 - 2:30pm during school term. \$5 koha per client.
E: info@salttrust.org.nz
21. **Neurolinks Growth Centre:** (www.neurolinks.co.nz) Supporting young people and families impacted by neurodivergence; work with individuals, young people and families navigating learning & change. 4-667 Whangaparaoa Road, Stanmore Bay, Auckland 0923. Ph: 027 539 4317
E: info@neurolinks.co.nz
22. **NZ Riding for the Disabled Association - North Shore RDA:** (www.northshorerda.org) Provides participation in goal-based riding activities; each rider has their own goal-based programme to meet their

- specific needs. 79 Aubrey Road, RD3, Stillwater, Silverdale; Tim Lofts, Ph: 09 426 8110; E: info@northshorerda.org
23. **NZSL Club Trust:** (www.nzsl.club) Not-for-profit dedicated to educating the community & raising awareness of Deaf culture in NZ. Run a range of events/courses teaching New Zealand's official language in an inclusive and welcoming environment. Classes available in Rodney. Based at 4 Rust Avenue, Whangārei. E: nzslclubtrust@gmail.com
 24. **Raukatauri Music Therapy:** (www.rmtc.org.nz): Operator of New Zealand's only dedicated music therapy centres; offers a quality, accessible music therapy service to all people, whatever their needs. Satellite Facility at Estuary Arts Centre, 214B Hibiscus Coast Highway, Orewa; every Wed. Ph: 09 360 0889; E: info@rmtc.org.nz
 25. **Silver Rose Tours & Senior Social Coffee Group - Orewa/Red Beach:** A 'travelling social club' (silverrosetours.co.nz) - personalised adventure service for retirees offering a range of day trips. Comfortable tour van with mobility access. Also, **Coffee Group**, 10.30am at Faridas – 226 Hibiscus Road, Orewa. Contact Amanda for dates, Ph: 09 218 6254 or E: amanda@silverrosetours.co.nz
 26. **Sing Up Rodney:** (on FB) Community music therapy; singing, communication, friendship and fun. Participants include people living with a neurological condition or other disability, older people, carers and volunteers. Orewa Scout Hall. Thurs, 10 - 11.30am. Alison Talmage Ph: 0274 642 465; E: singuprodney@gmail.com
 27. **Special Olympics Hibiscus Coast Rodney:** (on FB) Swimming, Equestrian, Tenpin Bowling. Offers year-round sports, training and competition to empower Kiwis with intellectual disabilities through inclusion & fun. Ph: 021 335 816 E: hibiscuscoastrodneyn@specialolympics.org.nz
 28. **Northern Arena Swim School:** (www.northernarena.co.nz/disabled-kids-swim-program). Swim teachers trained in *No Exceptions Training* (NET) programme from the **Halberg Trust**; treat all children as potential swimmers regardless of disability. 8 Polarity Rise. Silverdale. Options and prices, Ph: 09 9419267; E: info@northernarena.co.nz
 29. **Shine Brightly:** (www.shinebrightlytherapy.com) Child-centred Play Therapy and Family Focused therapy support that nurtures growth and healing for children and their families. New Clinic - 56A Forge Rd, Silverdale. Ph: 021 1553541
 30. **StepsForward:** (stepsforward.co.nz) Offer a range of free family support services & Community programmes to families/whānau living in the Hibiscus Coast area, including Whangaparaoa, Silverdale, Stillwater, Orewa, Dairy Flat, Wainui, Waiwera & Pūhoi. Mina, Ph: 021 438 271; E: mina@stepsforward.co.nz
 31. **The Change Place:** (www.thechangeplace.co.nz) Based in Whangaparaoa, provides services across Rodney focused on stopping family violence. Provides psycho-educational programmes and counselling. Ph: 09 425 8130; E: suzanne@thechangeplace.co.nz

32. **Te Rito Rodney:** (www.teritorodney.org) Local family violence prevention network, focussed on education and awareness raising for family violence prevention. Coordinates training and support workforce capability development and advocates at a local and national level for a safer Rodney community. Ph: 022 475 7126 E: info@teritorodney.org
33. **Thrive Education:** (thriveonededucation.com) Provides personalised support for children with diverse learning and behavioural needs. Services: one-on-one tutoring, Individualised Education Plans (IEPs), Behaviour Intervention Plans (BIPs) and advocacy support. E: info@thriveonededucation.com

Rodney & HBC based Support Groups

1. **Able2Worship:** Inclusive, interdenominational gatherings held quarterly at the Methodist Church Hall, 1 Hexham Street, Warkworth. All are welcome, especially those with learning and/or physical disabilities or challenges. Sundays at 4pm, with a shared meal. Contact Jenny, Ph: 027 4227358
2. **Alcoholics Anonymous:** Open meeting for anyone who thinks they might have a problem with drinking. Small, friendly group that would love to meet you & share our experience, strength & hope. Every Fri, 1 - 2pm, Masonic Hall, 3 Baxter St, Warkworth. More help - 0800 229 6757
3. **Alzheimer's Support Group:** For carers of those with Alzheimer's and all dementias; an opportunity for discussion & social contact. **Warkworth group**, at Totara Park, Warkworth. 10.30am -12pm, 2nd Tues of each month. **Mangawhai group**, at Mangawhai Museum. 11 - 2pm, 2nd Wed of each month. Coordinator, Jo Niblett. Ph: 09 622 4230
4. **Dementia Friendly Sunday:** Free session at Warkworth Library for people living in the community with dementia and their Carers. 3rd Sun of the month, 11-12pm, 2 Baxter St, Warkworth. PH:09 37 7795
5. **Fun Club:** Social group for adults with disabilities run by Life Homes. Meet weekly, Tues, 10am - 12pm for activities and social interaction at the Mahurangi Hope Centre, 22 Mansel Drive, Warkworth. Contact: Kristin: E: kristen.harrison@lifehomes.org
6. **Headway Brain Injury - Warkworth Connect Group:** (headway.org.nz) A coffee & chat at a local Warkworth cafe for those living independently with concussion or brain injury. 1st Tues of the month, 10am – 11am, location advised on registration. Contact Rose Michaels, Ph: (027) 2496522 or (09) 520 4807. Or visit website to register.
7. **Hibiscus Coast Parent Support Group:** Run by **Parent to Parent (Auckland North)** (on FB) Monthly meetings at *Someplace Else*, 268A Hibiscus Coast Hwy, Orewa; 10.30am – 12pm. Rose Ewing: Ph: 020 4011 8714; E: rose@parent2parent.org.nz
8. **Mahurangi Special Needs Support Group:** A Private Facebook group for families/parents to connect, support, share information & concerns. The group meet for coffee once a month at local venues in Warkworth. Contact through FB / messenger.

9. **Parkinsons Support Group:** (www.parkinsons.org.nz/contact) Totara Park Retirement Village, Warkworth; 1st Tues each month, 10am. PH: 0800 473 4636; E: info@parkinsons.org.nz
10. **Queer Teatime:** (on FB) - A grassroots social initiative providing a relaxed, inclusive space for LGBTQIA+ individuals & allies to connect over tea, coffee, and casual conversation. Meetings at Coconut Gallery/Phoenix Rising in Queen St, Warkworth.
11. **Raising Neurodiverse Kids (North Auckland):** A private Facebook support group for local parents to find support, advice or validation. Autism, ADHD, or any neurodiversity or different learning needs. All welcome.
12. **Rodney Aphasia Group:** (rodneyaphasiagroup.co.nz) Non-profit community organisation for people of any age, with any type of aphasia, their caregivers/family members. Meet 4th Thurs every month at Orewa Community Church Hall, 235 Hibiscus Coast Highway, Orewa; 1:30pm - 3.00pm. Ph: 021 401 572; E: rodneyaphasiagroup@gmail.com;
13. **Stroke Survivor Group for Rodney:** Free for Stroke Survivors and their Carers. Totara Park Village, Melwood Drive, Warkworth. 1st & 3rd Wed of the month, 10am-12pm. Visiting Speaker (1st Wed), Support with Laura (3rd Wed), monthly coffee mornings at local cafes. Contact - Laura Drewet. Ph: 021459727 E: laura@drewet.com
14. **Warkworth Low Vision support Group:** Meetings at Summerset Falls Retirement Village, Mansel Drive, Warkworth. All welcome. 3rd Mon of the month, 1.30 - 3pm. Claire, 09 425 9646; E: admin@mcdonaldadams.co.nz

3. Local Whānau & Pacific Support Services

1. **Kiribati Rodney Charitable Trust:** (a FB group) Registered charity based in Warkworth. Supports and builds resilience within the Kiribati community in Rodney, where culture is celebrated and voices are strengthened.
2. **StepsForward:** (stepsforward.co.nz) Offer a range of free family support services & Community programmes to whānau living in the Hibiscus Coast area, including Whangaparaoa, Silverdale, Stillwater, Orewa, Dairy Flat, Wainui, Waiwera & Pūhoi. For Māori, Pasifika, and diverse communities - Kaiārahi Pūtea Māori, Tina - 022 1532 898; E: tina@stepsforward.co.nz
3. **Te Hā Oranga:** (www.tehaoranga.co.nz) Iwi Healthcare Provider. Kaua e mahue tētahi atu ki waho. Free Wrap-around services for individuals and whānau living within the rohe of Ngāti Whātua regardless of ethnicity, gender, sexuality, religion, age or ability. **Wellsford** Ph: 09 423 6091; 158 Rodney Street. **Helensville:** Ph: 09 420 8523 Commercial Road.
4. **Te Herenga Waka o Orewa marae:** (www.teherengawakaorewa.co.nz) A Pan-tribal, multi-cultural, community facility where Te Reo Māori me ōna tikanga underpin all facets of its operations. Supporting the local HBC community with their physical, social and cultural needs. 2 Blue Gum Avenue, Silverdale. Ph: 09-427 8958; E: teherengawaka@xtra.co.nz

4. Local Caregiver Services & Respite

1. **Barbara's Care Service – Silverdale:** In home & respite care. Personalised care for adults, the elderly and children with disabilities. Specialise in respite care for parents who need a break and epilepsy care. Ph: Barbara McKenna: 027 471 9321; E: MckennaBarbara94@gmail.com
2. **Bethany Hill Dementia Care:** (bethanyhill.co.nz) A 30-bed specialist dementia care facility providing a secure, protected living environment. Offers long-term residential care, short-term/permanent respite care, day care, and specialized care for younger people (under 65) with disabilities. 582 Leigh Road, Whangateau. Ph: 09 422 6006
3. **Dovida Homecare Services:** (dovida.co.nz) Together with our clients, their families, and their healthcare teams, we provide care that is centred around the individual. Ph: 09 300 6053; E: care@dovida.co.nz
4. **ParentPort:** (www.parentportnorth.org.nz) Community group for North Rodney & South Kaipara Districts; free service for families in crisis with pre-schoolers; immediate short term practical help in the home. Ph: 027 280 5093; Ph: 09 425 9357; E: parentportnorth@gmail.com
5. **Prestige Nursing:** (prestigenursing.co.nz/home) Provides premium, Clinical Nurse Specialist-led, in-home nursing and care services in Auckland, particularly serving the Rodney region. Ph: 09 281 3126
6. **Quality Care Connection:** (www.qccnetwork.com) Service area is Matakana Coast, Warkworth & surrounding areas. A group of independent, local carers working bringing together our carers, your loved ones, spouses and families. Ph: 021 590 3910; E: christine@thewave.co.nz
7. **Solace Homecare:** (www.solacehomecare.co.nz) For individuals seeking to maintain their independence while receiving care in their own homes. Our team can provide 24/7 care and support to clients and their families across Auckland. Ph: 027 244 4196; E: info@solacehomecare.co.nz

5. Local Inclusive Activities

1. **Glass Ceiling Arts Collective:** (www.glassceilingartscollective.com) Rodney Youth Theatre is an inclusive group of creative performing arts people aged 7 - 21; Mahurangi Community Centre, Snells Beach, Sat, 9am – 12pm. E: rodney@glassceilingartscollective.com
2. **Halberg Foundation:** (halberg.co.nz) Empowers young Kiwis with disabilities to be active through inclusive sport and recreation. E: office@halberg.co.nz
3. **Hillcroft Equestrian and Coaching:** (on FB) Open 6 days for group or private horse-riding lessons. 944 Kaipara Flats Road, Warkworth. Ph: 021 0 458 840
4. **Horse Riding Warkworth:** (www.horseridingwarkworth.co.nz) Horse riding and trekking for all ages and abilities. 42 Kaipara Flats Road, Warkworth. Ph: 021 024 16295; E: horseriding@xtra.co.nz

5. **ILead:** (www.ilead.org.nz) A movement of youth with lived experience of disabilities advocating for a better future. Run a range of programmes - from leadership training to social groups. Yes Disability Resource Centre, Albany. Ph: (09) 414 5360; Email: ilead@yesdisability.org.nz
6. **PHAB:** (www.phab.org.nz) For 16+yrs young adults with mixed-abilities. Warkworth & Orewa, Weekly Wed Social Clubs: Members build friendships and integrate into their communities, 6 - 8pm. PEERS Day Programme, Hibiscus Coast: Mondays. Deb Bott - North Shore Community Coordinator. Ph: 027 3861025; E: aucklandnorth@phab.org.nz
7. **Special Olympics HBCR:** (on FB) Regional nonprofit sports club providing year-round training and competition for children and adults with intellectual disabilities. Bowling, Equestrian, Swimming. Benjamin Tan, Ph: 021 335 816; E: hibiscuscoastrodney@specialolympics.org.nz

6. Community Support Services & Community Groups

1. **CAB Wellsford & Warkworth satellite:** (www.cab.org.nz/location/cab-wellsford) Assist people to know and understand their rights and obligations. Free & independent information service, covers Puhoi to Brynderwyn. Tues – Fri, 10am - 2pm, Wellsford Community Centre, 1 Matheson Road, Wellsford. Ph: 09 423 7333; Warkworth Library Meeting Room Tues & Fri 10am - 2pm Ph: 09 423 7333; E: warkworth@cab.org.nz
2. **Harbour Hospice:** (harbourhospice.org.nz) A specialist, palliative care provider for families living in the Hibiscus Coast, North Shore and Warkworth/Wellsford communities. Harbour Hospice Hibiscus House, at 2A John Dee Crescent, Red Beach, Ph: 09 421 9180; Warkworth/Wellsford Tui House, at 47 Morrison Dr, Warkworth, Ph: 09 425 9535
3. **Hato Hone St John:** (www.stjohn.org.nz) Provides emergency ambulance responses, local health transport, and a range of community health services and resources across Rodney. Ph: 0800 785 646
4. **Health NZ - Warkworth Community Services:** Provides health & support services to the Warkworth community. District nurses, older adults & home health, OT, Community PT. At 77 Morrison Drive. Ph: 09 422 2700
5. **Helensville Library and Service Centre:** (on FB) Book borrowing and information services; free Wi-Fi, printing, photocopying, computer use, plus a wide range of community programmes and events. Council services available. Ph: 0800 695 427; E: helenlib@aucklandcouncil.govt.nz
6. **Mahurangi East Library (Snells Beach):** (on FB) Book borrowing & info services; free Wi-Fi, printing, photocopying, computer use, Council services, plus community programmes & events. Ph: 09-377 0209; E: mahulib@aucklandcouncil.govt.nz
7. **Mahurangi Hope Community Trust:** (www.hopehq.nz/community) Part of Mahurangi Hope Church; delivers community programmes & support services; a community foodbank, youth & whānau initiatives, Pacific programmes, social work & community events. 22 Mansel Drive, Warkworth, Ph: (09) 425 8861; E: info@hopehq.nz; reception@hopehq.nz

8. **Rodney Neighbourhood Support Inc.:** (nsrodney.org.nz). Building safer, connected neighbourhoods across the Rodney District. Free to join, open to everyone. Receive local alerts & safety information; Ph: 021 258 3737
E: webmaster@nsrodney.org.nz
9. **Rodney Community Team:** (rodneycommunity.org.nz) Free service funded by Rodney Local Board to promote community events & activities across the Rodney Local Board area. E: kiaora@rodneycommunity.org.nz
1. **Te Whai Community Trust:** (www.tewhaicommunitytrust.co.nz) Social services to strengthen and support the Mangawhai community. 73 Moir Street, Mangawhai. Ph: 09 431 3459; E: info@tewhaicommunitytrust.co.nz
2. **Warkworth Volunteer Fire Service:** 2 Church Hill, Warkworth. Members dedicate their own time to serve the community & respond to Fires, Medical emergencies, Motor vehicle accidents, Search and rescue, Civil defence, Natural disaster responses. Ph: 09 425 8888
3. **Warkworth War Memorial Library:** (on FB) Book borrowing & info services; free Wi-Fi, printing, photocopying, computer use, Council services, plus community programmes & events. Ph: 09-377 0209; E: warklib@aucklandcouncil.govt.nz
4. **Wellsford Library:** (on FB) Book borrowing & info services; free Wi-Fi, printing, photocopying, computer use, Council services, plus community programmes & events. Ph: 09-377 0209; E: wellsford.library@aucklandcouncil.govt.nz
5. **Women's Centre Rodney:** (www.womenscentrerodney.org.nz) Not-for-profit community hub, supports women to improve their wellbeing and reduce social isolation. 10 Morpeth Street, Warkworth. Mon - Frid, 9:30am - 2:30pm, Ph: 09 425 7261. Freephone: 0800 2 dropin (0800 237 674)
E: info@womenscentrerodney.org.nz

7. Employment & Training Opportunities

1. **Ember Employment North & IPS Services - Rodney Community Hub:** (www.ember.org.nz) Provides individualized employment support and Individual Placement & Support (IPS) services across Auckland/northern regions for people aged 16 - 65 experiencing mental distress, addiction, or intellectual disabilities. Ph: 09 523 2790, E: employment@ember.org.nz, or walk-ins welcomed. 198 - 200 Centreway Road, Orewa. Ph: 09 443 3700
2. **Poly-Emp Employment & Advisory Service:** (www.poly-emp.org.nz) Charitable trust supporting young people with learning disabilities or are neurodivergent; help them gain meaningful and sustainable employment. Working in partnership with Employment Skills Courses at Unitec & Manukau Institute of Technology (MIT). E: polyemp@outlook.com
3. **Springboard:** (www.springboard.org.nz) Not-for-profit Christian organisation, provides wrap-around support programmes for young people. Mentors young people, alongside schools, police, businesses and community. 324 State Highway 1, Warkworth. E: mail@springboard.org.nz

4. **Workbridge Auckland - NS:** (workbridge.co.nz/regions/auckland-north-shore) Office at 6 Argus Place, Hillcrest. Serving North Shore to Wellsford. Ph: 0508 858 858, 8am - 5pm, Mon – Frid; E: info@workbridge.co.nz

8. Finance, Grants & Funding

1. **Halberg Activity Fund Grant:** helps reduce financial barriers for those aged 5 - 21 with physical disabilities & their whanau to get involved in sport & recreation; can pay for equipment, coaching or costs to attend school camp. Applications close on 3rd Mon each month (excl. Dec).
E: office@halberg.co.nz
2. **Kowhai Coast Youth Trust:** (kcyt.org.nz) Warkworth. Provides support & resources to youth up to 18yrs in our community; to financially support educational, health, cultural, or sporting needs. E: info@kcyt.org.nz
3. **MoneySmart - Warkworth/Wellsford Budget Service:** (www.moneysmart.org.nz) Free budget advice to help you manage your money. Ph: 021 423 788; E: admin@moneysmart.org.nz
4. **Rodney Health Charitable Trust:** Anyone living north of the Auckland Harbour Bridge is eligible for a grant to assist with health-related costs, from surgery to dental treatments. Families/individuals finding can apply for financial assistance. Chair, Sara Lewis: E: sara@kawaubayhealth.co.nz
5. **Swift / Special Needs Planning Guidance:** Valentina Pereira offers Life & Legacy planning for Special Needs families. Ph: 021 627 802;
E: valentina@swiftmortgages.co.nz
6. **The Wilson Home Trust:** (wilsonhometrust.org.nz) Supports those with a physical disability up to age 21, living in the upper North Island. Grants for Counselling, Family Holiday, Equipment & Activity, Young Adults.
Ph: 09 488 0126 / 0800 948 787; E: info@wilsonhometrust.org.nz.
7. **TimeOut Charity:** (timeoutnz.org) Connects holiday homeowners & accommodation providers willing to donate a stay in their property to a person diagnosed with stage 4 cancer or an incurable illness.
Ph: 027 302-4892; E: info@timeoutnz.org

9. Equipment & Transport

1. **Age Concern Rodney:** (ageconcern.org.nz) **WDHB Community Hospital Shuttle** for Rodney & West Auckland areas. Total Mobility Cards. Shop JA2 Westpac Plaza, Tamariki Ave, Orewa. Ph: 09 426 0916.
2. **Beachwheels NZ:** New Zealand owned company. Unit 14C, 8 Henry Rose Place, Rosedale, Albany. PH: 021 533659; E: info@beachwheels.co.nz
3. **Driving Miss Daisy Warkworth:** Accepts Total Mobility Scheme card and is an ACC contracted supplier. Covering Rodney plus the wider outskirts. Rachel, Ph: 09 217 2764 or 021 503 858
4. **MD Mobility:** (www.mdmobility.co.nz) Mobility equipment; 70 Duncansby Road, Stanmore Bay. Ph: 0274 986025; E: mdmobility@xtra.co.nz

5. **Omaha Surf Life Saving Club:** (www.omahasurf.co.nz) Manages the free use of a Sandcruiser Beach Wheelchair with lap belt, suitable for kids and adults. David Stone, Ph: 027 4909 188; E: mail@omahasurf.co.nz
6. **RSA Members - Warkworth & Districts RSA:** Welfare Vehicle & Trip Donations. Sponsored vehicles are available to RSA members for medical, hospital & specialist visits, and RSA activities. Ph: 09-425-8568; E: manager@warkworthrsa.co.nz
7. **Sensory Sam:** (sensorysam.co.nz) NZ based range of quality Sensory products with advice on how to get these funded if applicable. Contact via Facebook messenger or E: hello@sensorysam.co.nz. Ph: 021 1266749
8. **Warkworth Taxi and Bus Services:** Taxi and/or Wheelchair Capable Vehicles. For transport or quotes, Ph: 09 425 0000 E: info@warkworthtaxiandbus.co.nz

EMERGENCY NUMBERS

Dial **111** for emergencies where there is serious, immediate, or imminent risk to life or property and request **Police, Fire or Ambulance**.

* If you have difficulty hearing or talking on the phone, register to use '111 TXT' - the emergency texting service at:

www.police.govt.nz/111-txt/how-register-111-txt

24/7 Women's Refuge - call 0800 437 033

Local ACCIDENT & URGENT CARE clinics:

Coast to Coast Healthcare Wellsford 220 Rodney Street, Wellsford	8am - 8pm	(09) 423 8086
Coast to Coast Healthcare Warkworth, Warkworth Health Hub, 77 Morrison Drive, Warkworth	8am - 7.30pm	(09) 425 8585
Northwest Medical Centre 1 Putaki Drive, Kumeū	8am - 8pm	(09) 4122924
Silverdale Medical Centre 7 Polarity Rise, Silverdale	8am - 8pm	(09) 427 9997
Shorecare Smales Farm the only 24-hour urgent care clinic on the North Shore. 74 Taharoto Road, Takapuna, Auckland	Services the North Shore & Rodney, 24 hrs, 7 days a week.	(09) 486 7777 ext 1
North Shore Hospital Emergency Department, Shakespeare Road Takapuna, Auckland	24 hours	(09) 486 8900

Harikoa Foundation has generously sponsored a limited print run of the Rodney Support Directory 2026, enabling copies to be distributed free of charge at the Rodney Support & Inclusion Expo.

